



FIGHT F.O.G. Fats Oil Grease

DON'T POUR YOUR USED COOKING OILS DOWN THE DRAIN

Don't dispose of cooking grease down the sink, even by diluting it with hot water. Fats, Oils, and Grease (F.O.G.) harden as they cool, and stick to the walls of sewer pipes, causing costly clogs and overflows that spill into our environment. To help prevent sewer system overflows, just pour oil and grease into a jar or can, and when it is full, dispose of it in the trash.

HERE ARE SOME SIMPLE STEPS TO FOLLOW:

- Pour F.O.G. into a can (a coffee can, or other lidded, non-meltable container works well). CAUTION: Make sure the storage can is cool before handling.
- Secure a lid on the can and store it to be reused until full.
- When the can is full, place it in the trash.
- When there is F.O.G. residue in a pan or on a dish, wipe it with a paper towel before washing and throw that paper towel in the trash.
- Place a strainer in the kitchen sink drain to catch food scraps and other solids, then empty the strainer into the trash.
- For Homeowners with garbage disposals, follow the same rules above and restrict disposing of F.O.G. related foods through the garbage disposal.



COOL IT CAN IT TRASH IT!